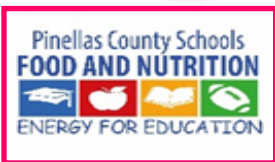


# October 2024 Lunch Middle School



**2024 National School Lunch Week**  
October 14—18

**SCHOOL LUNCH PIRATES FIND YOUR TREASURE!**  
OCTOBER 14-18, 2024

**DID YOU KNOW?**  
REAL PIRATES EAT THEIR FRUITS AND VEGGIES!

2024 NATIONAL SCHOOL LUNCH WEEK

**Daily Lunch Choices**

**Choose 1:**  
Meat / Meatless Entrée,  
Entrée Salads,  
Cold Sandwiches

**Must Choose at least 1:**  
Hot & Cold Vegetables  
Variety of Fruits & Juices  
(may choose up to 2 servings each of fruits & veggies with their meal)

**May Choose 1 Milk:**  
Low Fat White,  
Fat Free Chocolate,  
Fat Free Strawberry or  
Fat Free Skim

Monday	Tuesday	Wednesday	Thursday	Friday
<p>For Menu &amp; Nutrition information or to download the app on your device Visit <a href="http://MealViewer.com">MealViewer.com</a></p>	<p><b>1 Choose One:</b> MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza <b>Choose:</b> Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p><b>2 Choose One:</b> Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit <b>Choose:</b> Corn Niblets Mashed Potato &amp; Gravy Marinara Sauce Cup</p>	<p><b>3 Choose One:</b> Pizza Variety Chicken &amp; Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey &amp; Cheese <b>Choose:</b> Broccoli Florets Romaine Side Salad</p>	<p><b>4 Choose One:</b> Hamburger on a Bun Cheeseburger on a Bun Baja Fish Soft Tacos Chicken Caesar Wrap PBJ Uncrustable Kit <b>Choose:</b> Country Baked Beans Carrot Dippers Side Salad</p>
<p><b>7 Choose One:</b> Chicken Tenders &amp; Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit <b>Choose:</b> Corn Niblets Farmstand Veggie Dippers</p>	<p><b>8 Choose One:</b> Cheese Max Sticks BBQ Pork &amp; Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza <b>Choose:</b> Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p><b>9 Choose One:</b> Teriyaki Beef Dippers w/ Rice &amp; Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit <b>Choose:</b> Crinkle Crispy Fries House Mixed Side Salad</p>	<p><b>10 Choose One:</b> Pizza Variety Breaded Chicken Drumstick w/ Macaroni &amp; Cheese Apple A Day Salad Plate Chicken Caesar Wrap Any Timers Turkey &amp; Cheese <b>Choose:</b> Green Beans Romaine Side Salad</p>	<p><b>11 Choose One:</b> Chicken Penne Alfredo w/ Garlic Bread Crunchy Breaded Alaskan Fish Sandwich Fruit &amp; Yogurt Plate PBJ Uncrustable Kit <b>Choose:</b> Broccoli Florets Carrot Dippers Side Salad</p>
<b>14</b>	<b>15 NATIONAL</b>	<b>16 SCHOOL</b>	<b>17 LUNCH</b>	<b>18 WEEK</b>
<p><b>No School for Students Pro-Ed Day</b></p>	<p><b>Choose One:</b> Beef or Pork Tacos Mini Cheese Calzones Chicken Caesar Salad Any Timers Cheese Pizza <b>Choose:</b> Refried Fiesta Beans Marinara Sauce Cup <b>NEW Triple Berry Blast Veg Juice</b> Students May Only Choose One Juice Either Triple Berry or Tropical Fruit</p>	<p><b>Choose One:</b> Tangerine Chicken w/ Rice &amp; Fortune Cookie Macaroni &amp; Cheese w/ Roll Apple A Day Salad Plate PBJ Uncrustable Kit <b>Choose:</b> Broccoli Florets House Mixed Side Salad</p>	<p><b>Choose One:</b> Pizza Variety Crispy Chicken Sandwich Spicy Chicken sandwich Chicken BLT Salad Any Timers Turkey &amp; Cheese <b>Choose:</b> Deli Roasted Potato Romaine Side Salad</p>	<p><b>Choose One:</b> Brunch for Lunch Alaskan Fish Sticks &amp; Tater Tots Basket w/ Goldfish Pretzels Fruit &amp; Yogurt Plate PBJ Uncrustable Kit <b>Choose:</b> Crispy Tator Tots Carrot Dippers Side Salad <b>Rice Krispies Mini Square</b></p>
<p><b>21 Choose One:</b> Grilled Cheese Grilled Ham &amp; Cheese Cherry Blossom Chicken w/ Lo Mein &amp; Fortune Cookie Apple A Day Salad Plate PBJ Uncrustable Kit <b>Choose:</b> Tomato Soup Farmstand Veggie Dippers</p>	<p><b>22 Choose One:</b> MaxSnax Cheese Quesadilla Chicken Cheese Quesadilla Meat Lovers Stromboli Chicken Caesar Salad Any Timers Cheese Pizza <b>Choose:</b> Green Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p><b>23 Choose One:</b> Cheesy Bread Popcorn Chicken Bowl w/ Biscuit Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit <b>Choose:</b> Corn Niblets Mashed Potato &amp; Gravy Marinara Sauce Cup</p>	<p><b>24 Choose One:</b> Pizza Variety Chicken &amp; Veg Dumplings w/ Chicken Stir-Fried Rice Chicken Caesar Wrap Any Timers Turkey &amp; Cheese <b>Choose:</b> Broccoli Florets Romaine Side Salad</p>	<p><b>25 Choose One:</b> Hamburger on a Bun Cheeseburger on a Bun Baja Fish Soft Tacos Fruit &amp; Yogurt Plate PBJ Uncrustable Kit <b>Choose:</b> Country Baked Beans Carrot Dippers Side Salad</p>
<p><b>28 Choose One:</b> Chicken Tenders &amp; Waffles Cheese Pizza Crunchers Chicken BLT Salad PBJ Uncrustable Kit <b>Choose:</b> Corn Niblets Farmstand Veggie Dippers</p>	<p><b>29 Choose One:</b> Cheese Max Sticks BBQ Pork &amp; Cheese Nachos Crispy Chicken Wrap Any Timers Cheese Pizza <b>Choose:</b> Santa Fe Black Beans Marinara Sauce Cup • Salsa Cup Sliced Cucumber Side Salad</p>	<p><b>30 Choose One:</b> Teriyaki Beef Dippers w/ Rice &amp; Fortune Cookie Corn Dog Fry Basket w/ Cheez-It's Crackers Yogurt, Fruit &amp; Granola Parfait PBJ Uncrustable Kit <b>Choose:</b> Crinkle Crispy Fries House Mixed Side Salad</p>	<p><b>31 Choose One:</b> Pizza Variety Breaded Chicken Drumstick w/ Macaroni &amp; Cheese Apple A Day Salad Plate Chicken Caesar Wrap Any Timers Turkey &amp; Cheese <b>Choose:</b> Green Beans Romaine Side Salad</p>	

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